

# Designed with you in mind

Find out about the UnitedHealthcare®  
Assisted Living Plan that features  
tailored benefits specifically for  
assisted living residents, including  
more hands-on care.





# Partners in your health

When moving into an assisted living community, having resources to help you navigate the transition can make all the difference.

Find out more or enroll in UnitedHealthcare® Assisted Living Plan

**1-877-314-7683, TTY 711**

Monday through Friday, 8 a.m. to 5 p.m. local time

[uhcassistedlivingplan.com](http://uhcassistedlivingplan.com)

# Dedicated care for your unique needs



The UnitedHealthcare Assisted Living Plan includes a **dedicated care team** — including a nurse practitioner or physician assistant — that help to customize your care to what's right for you.



We offer over 20 years' experience coordinating care to you in your home. We work with you, your family and your primary care provider to help keep everyone up to date on your health.



Our dedicated care team provides **phone support 24 hours a day, 7 days a week** to help address questions or health needs you may have.

---

**This means you'll receive more hands-on care that meets your individual needs.**

## A TREMENDOUS HELP

“The nurse practitioner is so involved, and that’s **one of the things we love** – that they initiate phone calls to the family and other physicians and consulting physicians, and then follow up with the family to let them know, which gives them **peace of mind**.

We take care of a lot of people here and [the nurse] takes care of one person at a time and lets us know everything they need. **It helps tremendously.”**

— **Kristin Quiles**  
Social Services Director



# Our health care practitioners. Your around-the-clock support.

Our dedicated care team provides **phone support 24 hours a day, 7 days a week** to help address questions or health needs you may have.



## Personal attention

- Create a personalized care plan
- Attend to your needs and concerns
- Perform ongoing assessments to enhance care
- Develop relationships with you through face-to-face visits

## On-site care

- Provide you with hands-on care in the assisted living community
- Limit transit to unfamiliar surroundings for tests and treatments

## Preventive care

- Deliver preventive and follow-up care
- Monitor ongoing treatment to get the most out of your care
- Anticipate and identify health concerns before they become more serious

## Enhanced communication

- Provide ongoing family education and engagement
- Serve as a primary contact for the teams involved in your care
- Facilitate communication between family members, primary care providers and assisted living community staff

## Coordinated care

- Help coordinate care plans
- Help health care providers and community staff work together to provide needed care and address urgent issues
- Incorporate care plan into hospitalizations, emergency room visits and outpatient procedures to minimize care gaps

# More good news








With a UnitedHealthcare Assisted Living Plan, you can enroll or disenroll throughout the year.

(There's no need to wait for the annual enrollment period of Oct. 15–Dec. 7.)



# One plan. So many benefits.

A UnitedHealthcare Assisted Living Plan covers Original Medicare benefits and includes extra benefits and features designed specifically for you.

Benefits and features*	Definition	UnitedHealthcare Assisted Living Plan	Medicare and Medicaid
 <b>Practitioner and care model</b>	The plan adds additional care and coordination provided by a dedicated practitioner.	✓	
 <b>Hearing aid benefit*</b>	Routine hearing exam and credit to spend on hearing devices.	✓	
 <b>Dental coverage*</b>	Routine exams/cleanings and other services such as dentures, crowns, implants, fillings, extractions, bridges, root canals and more.	✓	Limited
 <b>Vision coverage*</b>	Routine vision care, plus eyeglasses and contact lens coverage.	✓	Limited
 <b>Health products catalog*</b>	Benefit credits are awarded each quarter to purchase health care essentials such as face masks, compression socks and face wipes, as well as over-the-counter products such as toothpaste, shampoo and more.	✓	
 <b>Transportation*</b>	Transportation to or from the doctor's office or pharmacy is available at no additional cost.	✓	Limited
 <b>Routine foot care*</b>	Routine nail trimmings and upkeep provided by a licensed podiatrist.	✓	

\*This is a partial listing of covered benefits and services. Benefits, features and/or devices vary by plan/area. Limitations and exclusions apply. See the plan's Summary of Benefits for more information.



To find the formulary (drug list) for your UnitedHealthcare Assisted Living Plan, visit [uhcmedicaresolutions.com](https://uhcmedicaresolutions.com)

## A SOURCE OF COMFORT

“I am **very pleased with the services** provided by UnitedHealthcare. Being on site, they have assisted my mother with lung X-rays, medication, blood draws, ultrasounds and many other services that would have required a doctor’s office or hospital.

**The practitioner is proactive** in diagnosing any change in mom’s health, which reduces stress and discomfort while battling her illness. They communicate well with me and my family, and also mom’s primary care doctor. I strongly believe they are a wonderful addition to mom’s medical care.

I would **highly recommend** this plan to all residents in assisted living or long-term care.”

— **Mary Kay Meier**  
Daughter of resident





# Let us help you understand Medicare

A UnitedHealthcare Assisted Living Plan is a specialized Medicare Advantage (Part C) and Part D plan specifically designed for residents in assisted living communities. Here are a few key things to know.

## Original Medicare

Original Medicare is the traditional fee-for-service program provided through the federal government. It includes Parts A and B:

- Medicare Part A (hospital insurance): Part A covers inpatient hospital stays, care in a skilled nursing facility, hospice care and some home health care
- Medicare Part B (medical insurance): Part B covers certain doctors' services, outpatient care, medical supplies and preventive services

## Medicare Supplement

A Medicare Supplement plan is offered by private companies to supplement Medicare coverage. This insurance plan can cover the difference or "gap" between the expenses reimbursed to providers by Medicare Parts A and B.

## Medicare Advantage

Medicare Part C: A Medicare Advantage Plan is offered by private companies approved by Medicare. It is sometimes also called "Part C" or "MA Plan."

If you join a Medicare Advantage Plan, you still have Part A and Part B coverage. You'll get coverage for your hospital insurance (Part A) and medical insurance (Part B) from the Medicare Advantage Plan – not Original Medicare. Medicare Advantage Plans often include prescription drug (Part D) coverage.

## A UNITEDHEALTHCARE ASSISTED LIVING PLAN

### Special Needs Plans

Medicare Special Needs Plans (SNPs) are a type of Part C Medicare Advantage Plan. They limit membership to people who meet certain criteria (such as residents in an assisted living community). Medicare SNPs tailor their benefits, provider choices and drug formularies to best meet the needs of the groups they serve. A UnitedHealthcare Assisted Living Plan is an SNP for residents in an assisted living community, called an Institutional Equivalent Special Needs Plan, or IE-SNP.

### Prescription medications

Medicare Part D: Part D is prescription drug coverage. Plans cover many medications prescribed by your doctor or other qualified health professionals.

# Helpful definitions

Understanding assisted living can sometimes feel like trying to learn a new language. Here are some common terms to help make things easier.



An **assisted living community** is a long-term living option for people who are mostly independent but may need some personal care services or a low level of medical care, such as transportation, medical monitoring and basic supervised care available around the clock.



**Independent living** offers residents a safe living environment with minimal assistance and convenient access to dining, medical care, entertainment and more.



**Skilled nursing facility** and **nursing home** describe the same thing: a residential facility that provides on-site, 24-hour medical care. Many are licensed health care residences for people who need a higher level of medical care than they'd get in an assisted living community.



**Memory care** in an assisted living community is a specific type of care for people with dementia, Alzheimer's and other memory issues. Also called **special care units (SCUs)**, they are typically secured spaces with 24-hour supervised care for those with cognitive needs.



**Medicaid** is a joint federal and state program for people of all ages whose income and resources are not enough to pay for health care. A **dual eligible** person is eligible for both Medicare and Medicaid. To find out more about Medicaid, visit [medicaid.gov](https://www.medicaid.gov).

## About Medicare and Medicaid

A UnitedHealthcare Assisted Living Plan is a specialized Medicare Advantage (Part C) and Part D plan specifically designed for people who are residents in assisted living communities.

- Medicaid is not a requirement for the plan
- Enrolling in the plan will not affect a Medicaid application or a person's Medicaid status
- Medicaid may cover certain things (such as room and board) not covered by the plan

The UnitedHealthcare Assisted Living Plan may be a good fit for someone who is Medicaid "pending" or is spending down assets to become Medicaid eligible.

To learn more about Medicare, visit [medicaremadedeclear.com](https://www.medicaremadeclear.com)

# Are you eligible?

## You are eligible for a UnitedHealthcare Assisted Living Plan if you:

- Are a Medicare beneficiary eligible for Medicare Part A
- Are enrolled in Medicare Part B
- Are a resident of a participating assisted living community; and
- Meet the state criteria for Level of Care (LOC) needs assessment



## To learn more or to find out if you qualify:

- Visit [uhcassistedlivingplan.com](http://uhcassistedlivingplan.com)
- Call your local sales agent at **1-877-314-7683**, TTY **711**
- Monday through Friday, 8 a.m. to 5 p.m. local time
- Fill out the detachable business reply card

Know that there is **no obligation** to join any plan when you call this number.

**Fill out this card, detach and return to us.  
We will get in touch to share more about this plan.**

**Yes**

I want to know more about UnitedHealthcare Assisted Living Plans.

**I understand there is no obligation to join any plan.**

**How should we contact you?**

\_\_\_\_\_  
First name

\_\_\_\_\_  
Phone number

\_\_\_\_\_  
Last name

\_\_\_\_\_  
Email

\_\_\_\_\_  
Signature

**I am interested for (please check 1):**

Myself       A family member

Client       Other

\_\_\_\_\_  
Assisted living community name

By returning this card, you agree that an authorized representative or licensed insurance agent from UnitedHealthcare may contact you by phone or email to answer your questions or provide additional information about Medicare Advantage Plans.

# More hands-on care can mean less worry for you

Get in touch with us for more information on UnitedHealthcare Assisted Living Plans.

**1-877-314-7683, TTY 711**

Monday through Friday, 8 a.m. to 5 p.m. local time

[uhcassistedlivingplan.com](https://uhcassistedlivingplan.com)



Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

© 2021 United HealthCare Services, Inc. All Rights Reserved.

Y0066\_210512\_025717\_M

WF5267708 211311A-092021 OHC

